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Supplies to Get for Your Impasto Pieces

*Note: Download updated instructions from www.RuthCollis.com under the **Impasto Pieces** section.

Your Impasto Pieces comes with just the thickly painted pieces and not anything else, to:

- Make it cost efficient to get a fine art painting (Sending a completed canvas through the mail is a whole lot more expensive to pay shipping than just the pieces).
- Be able to have the fun of peeling and arranging pieces like a puzzle, but have it be fine art.

Supplies you will need to get:

1. Background paint color(s) (You can pick colors that would match your home and decorations/furnishings, if you want.)

2. Super Heavy Gel Medium (Use as archival glue) Pick one of the following:

- [Liquitex Super Heavy Body Gel Medium Matte 8 ounce](#)
- [Golden Extra Heavy Gel Medium Matte 8 ounce](#)
- [Nova Color 209 Super Heavy Gel Gloss Quart](#) (Quart is the smallest size this comes in from this bulk paint ordering company, so if you will be doing a lot of these Impasto Pieces, or learning how to make the paint pieces yourself through one of Ruth Collis' courses, this might be a better deal. Use 209 Gloss for the courses, or if just gluing Impasto Pieces, use 208 Matte Gel Medium.)

*Note: Matte is suggested to make pieces easier to manage and not stick together as much as gloss would. Both will have the same adhesion in gluing.

3. Squeeze bottle (Put gel medium in this to squeeze out as glue to apply in an easy way) Choose one 6 ounce or 8 ounce squeeze bottle:

- [Michaels](#)
- [JerrysArtarama](#)

Find these paintbrushes cheaper at a Michael's store:

4. Flat (Background) 3/4 inch Royal & Langnickel

5. Round (Wipe excess glue off edges of paint pieces) Royal & Langnickel #10

6. Filbert (Varnish) zen Royal & Langnickel 3/4 inch 19 mm Z73WO

Find similar paintbrushes to the above if you can't find in the store:

- Flat (Background) [Royal Aqualon Glaze Wash Brush 3/4 inch #R2700-3/4 inch](#)
- Round (Wipe excess glue off edges of paint pieces) [Royal Soft Grip Bristle Round Brush #10 - SG1325-10](#)
- Filbert (Varnish) [Royal Aqualon Glaze Wash Brush 3/4 inch #R2950-3/4 inch](#)

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7. Canvas Choose one of 3 options:

- Get a nice 1 and 1/2 inch gallery edge canvas (or your choice of thickness) at Michael's with a [coupon](#).
- Order inexpensive canvases or in bulk savings here at [WholesaleArtsFrames](#).
- Order inexpensive flat canvas boards here at [Cheap Joes](#) (Will require framing expense though).

8. Varnish Pick one brush-varnish:

- [Liquitex Gloss Varnish 4 ounce](#) \$6.23 Get at Michael's and craft stores
- [Nova Color 206 Gloss Medium & Varnish Quart](#) \$9.50 Online ordering. \$20 order minimum for cost savings. Get with 209 Super Gel.
- Or a spray varnish [Golden Archival Spray Varnish](#) (May stink for a long time after spraying, be more expensive, does not shine as well, and needs re-applying yearly, as it doesn't seem to last as long. There are no brush strokes with a spray varnish though, and some claim slight UV protection.)

9. Garbage bag (Put under the canvas to keep paint off table. You could also wrap the garbage bag around a big cardboard to place under the painting to move it easy for a good drying spot out of the way. Avoid touching paint, and especially these thicker paint pieces to any cardboard or paper directly, or the paper fibers can tend to come off into the painting, stick there and ruin the edges some. If this happens, spray the stuck paper area with water and rub out with fingers. Nails may work well, but avoid pressing nails in the thicker paint, or it can leave a nail mark impression.)

If you live in the USA, you can often times print out a coupon for 40% off one item. This could come in handy for the gel. You can get a lot of these supplies at Michael's, or also try Hobby Lobby, Aaron Brothers, JoAnn's Fabrics, or Ben Franklin.

Here is Michael's coupon link. You can also redeem the coupon off your phone:

<http://weeklyad.michaels.com/coupons/>